

### Kev

## PR3 Limestone

Route

Highway

Main roads

Unpaved roads

Extension

### Points of Interest

- 1 Terreiro do Paço
- 2 Sr. da Fonte Chapel and swimming pool
- **3** Ançã Stream
- 4 Portunhos Church
- 5 Limestone quarries
- 6 Old lime kilns
- 7 Ancã Church

Picnic area

# Coimbra

Difficulty

The level of

difficulty is

expressed in

4 different

categories,

rated 1 to 5

(1: easy; 5: hard) 9 6

**A** 2

**A**2

\$ 2

Difficulty

2

Orientation

Type of terrain

Physical exertion

### Total ascent/descent

9,7 km + 110 m

### Duration Height max/min

02h30m

### Type of Route Recommended season

Circular

Year-round

# 106 / 31 m

# Signage



Right way



Wrong way





Turn right

Turn left

### Special care and standards of conduct

- · Special care and standards of conduct
- Follow only the marked trails
- Respect the birdlife. Do not touch the nests and avoid noise and disturbance
- · Observe wildlife from a distance, preferably with binoculars
- · Do not litter, drop the trash at a collection point

- · Do not collect or damage the flora
- · Respect private property
- · Avoid behaviours that disturbs the local environment
- Do not light fires
- Be friendly to local people, clear about your purpose and about the waymarks

### Sponsor

Contacts

Comunidade Intermunicipal da Região de Coimbra

Rua do Brasil, N.º 131 3030-175 Coimbra

tel. 239 795 200 · 239 795 209 geral@cim-regiaodecoimbra.pt

### Emergency 112

further information



### Information

### Tourism office

Largo Conselheiro Ferreira Freire 3060-201 Cantanhede

tel. 231 410 155 turismo@cm-cantanhede.pt

SCHEDULE mon. to fri. 10h-13h · 14h-18h

### Tourism office

Praca do Pelourinho 3060-049 Ancã Tel. 239 964 545

SCHEDULE everday 10h-13h 14h30-17h





















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Limestone Route is a small, circular route, about 10 km in length, and part of the CIM-RC "Sea and Dunes" transversal project. This route is a testimony to the importance limestone exploitation had in the local economy, and in shaping the countryside across the civil parishes of Ançã and Portunhos/Outil, in the municipality of Cantanhede.

The recommended starting point for the route is located by the Ançã Tourist Office. This route, chiefly intended as an interpretive and educational activity, visits the limestone quarries, showing how limestone was extracted, and the old lime kilns, showing how limestone was transformed into quicklime, and applied to the urban environment.

Commonly termed "Ançã stone", limestone from Cantanhede played a key role in Portuguese sculpture during the 14th, 15th and 16th centuries. Since then, it consistently contributed to the economic and artistic development of the entire region, as a raw material used in stonemasonry and sculpture. Known for its light hue and easy pliability, it was used at the workshops in and around Coimbra, where the most talented stone carvers, masons and sculptors flocked to over the centuries, including the greatest Portuguese sculptor of the Renaissance – João de Ruão – to produce the art pieces adorning religious altars throughout Portugal.































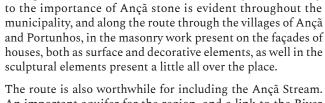












The vigour that characterised these sculptures was such that

it originated the "Coimbra Renaissance" style. Testimony

An important aquifer for the region, and a link to the River Mondego at one point, it supported the appearance of a forest with maritime pine, stone pine and Portuguese oak trees, as well as other species that typically grow in lime-rich soils, such as the kermes oak, the gum rockrose, the sage-leaved rockrose, the false olive, the Mediterranean buckthorn, the grey-leaved cistus, and some notable specimens of the cork oak. The ground along the banks of the Ançã Stream supports several riparian species such as willows, common alder, the narrow-leafed ash, and hawthorn, which fence farm land and olive groves.

There is also a wide range of animal species such as the European turtle dove, the stock dove, the Eurasian blackbird, the carrion crow, the red-legged partridge, the black kite, the ocellated lizard, the iberian psammodromus, and the red fox.

Fauna 1 European turtle dove Streptopelia turtur 2 Stock dove Columba oenas 3 Eurasian blackbird Turdus merula 4 Carrion crow Corvus corone 5 Red-legged partridge Alectoris rufa 6 Black kite Milvus migrans 7 Ocellated lizard Timon lepidus 8 Iberian psammodromus Psammodromus manuelae 9 Red fox Vuloes vuloes

Flora 1 Stone pine Pinus pinea 2 Kermes oak Quercus coccifera subsp. coccifera 3 Gum rockrose Cistus ladanifer susbp. ladanifer 4 Sage-leaved rockrose Cistus salviifolius 5 False olive Phillyrea angustifolia 6 Mediterranean buckthorn Rhamnus alaternus 7 Grey-leaved cistus Cistus albidus 8 Common alder Alnus quitinosa 9 Hawthorn Crataegus monogyna